



5x5x5

NEW TESTAMENT READING PLAN

READ THROUGH THE NEW TESTAMENT
IN 5 DAYS A WEEK, 5 MINUTES A DAY.

5 MINUTES A DAY

If you're not used to reading the Bible daily, start with this easy to use 5 minutes a day. This reading plan will take you through all 260 chapters of the New Testament, one chapter per day. The Gospels are read throughout the year to weave in the story of Christ all year long.

5 DAYS A WEEK

Determine a time and location to spend 5 minutes a day for 5 days a week. It is best to have a consistent time and a quiet place where you can regularly meet with the Lord.

ADAPTED FROM NAVIGATOR 5X5X5 PLAN

5 WAYS TO DIG DEEPER

Pause in your reading to dig into the Bible. Below are 5 different ways to dig deeper each day. These exercises will encourage meditation. Try a single idea for a week to find what works best for you. Remember to keep a pen and paper ready to capture God's insights.

1. Underline or highlight key words or phrases in the Bible passage. Use a pen or highlighter to mark new discoveries from the text.
2. Put it in your own words. Read the passage or verse slowly, then rewrite each phrase or sentence using your own words.
3. Ask and answer questions. Questions unlock new discoveries and meanings. Ask questions about the passage using these words: who, what, why, when, where, or how. Jot down your answers to these questions.
4. Capture the big idea. God's Word communicates big ideas. Periodically ask: What's the big idea in this sentence, paragraph, or chapter?
5. Personalize the meaning. Respond as God speaks to you through the Scriptures. Ask: How could my life be different today as I respond to what I'm reading?

February

DATE	✓	CHAPTER
7	<input type="checkbox"/>	LUKE 1
8	<input type="checkbox"/>	2
9	<input type="checkbox"/>	3
10	<input type="checkbox"/>	4
11	<input type="checkbox"/>	5
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13	REFLECTION	
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18	<input type="checkbox"/>	10
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20	REFLECTION	
21	<input type="checkbox"/>	11
22	<input type="checkbox"/>	12
23	<input type="checkbox"/>	13
24	<input type="checkbox"/>	14
25	<input type="checkbox"/>	15
26	REFLECTION	
27	REFLECTION	
28	<input type="checkbox"/>	16

March

DATE	✓	CHAPTER
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3	<input type="checkbox"/>	19
4	<input type="checkbox"/>	20
5	REFLECTION	
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April

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May

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25	<input type="checkbox"/>	2
26	<input type="checkbox"/>	3
27	<input type="checkbox"/>	4
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31	<input type="checkbox"/>	6

June

DATE	✓	CHAPTER
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July

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31	REFLECTION	

August

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7	REFLECTION	
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September

DATE	✓	CHAPTER
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4	REFLECTION	
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29	<input type="checkbox"/>	2
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October

DATE	✓	CHAPTER
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November

DATE	✓	CHAPTER
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		1
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14	<input type="checkbox"/>	1 PETER
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December

DATE	✓	CHAPTER
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31	REFLECTION	

January

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31	<input type="checkbox"/>	19

February

DATE

✓

CHAPTER

1

20

2

21

3

22

4

REJOICE!